

# LOTHIAN LEARNING DISABILITY REVIEW

**FIRST MEETING 3 NOVEMBER 2005-11-08**

## **MINUTES OF MEETING**

Apologies: Dr Patricia Jackson, Chair, Childrens Services Strategy Review Board,  
Phil Mackie, NHS Lothian, Public Health  
Ewan Crawford, General Practitioner

| <b>PRESENT</b> | <b>REPRESENTING</b>                                   |
|----------------|---|
| Ray Flint      | Lothian NHS Board                                     |
| Chris Bruce    | Lothian NHS Board                                     |
| Polly Wright   | East Lothian Joint Learning Disability Planning Group |
| Jan Cochran    | East Lothian Council                                  |
| Ian Quigley    | West Lothian Community and Health Care                |
| Fiona Wallace  | People First Midlothian                               |
| Rhona Neill    | People First Midlothian                               |
| Senga Menzies  | People First West Lothian                             |
| Neil McCarthy  | People First Scotland                                 |
| Jimmy McIntosh | Edinburgh Advocating Together                         |
| Lisa Shine     | People First Edinburgh                                |
| Michael Brown  | Primary Care Organisation,                            |

|                 |  |
|-----------------|--|
|                 | NHS Lothian  |
| Ann Young       | Powerful Partnerships - representing the Learning Disability Providers Forum |
| Linda Headland  | ELCAP – representing the Learning Disability Providers Forum                 |
| Ros Lyall       | Lothian Primary Care Operating Division, Learning Disability Services        |
| Sean Morrison   | Lothian NHS Board  |
| Paul Smith      | Learning Disability Strategy Development Group                               |
| Moira Dickinson | No.6   |
| Suzi Wong       | PASDA  |
| Anne Edmonstone | Learning Disability Service - in attendance                                  |
| Michael Whyte   | Service User - in attendance   |
| Alex Joyce      | Lothian Partnership Forum  |
| Duncan MacAulay | City of Edinburgh Council, Department of Health and Social Care              |
| Ann Anderson    | VOCAL  |
| Tommy McLean    | Our Voice Our Choice Livingston  |
| Jean Scott      | Our Voice Our Choice   |

|                  |  |
|------------------|--|
|                  | Livingston   |
| Tracy Sanderson  | Learning Disability Service<br>Redesign Group                |
| Duncan McIntyre  | Midlothian 'Same as You?'<br>Steering Group                  |
| Colin Anderson   | Midlothian Council   |
| Debbie Jackson   | Primary Care Organisation<br>NHS Lothian                     |
| Gerry Power      | Midlothian Community<br>Health Partnership                   |
| Murray Duncanson | Primary Care Organisation<br>NHS Lothian                     |
| Sally Cheseldine | NHS Lothian Child and<br>Adolescent Mental Health<br>Service |
| Richard Ibbotson | Autism Initiatives   |
| Suzanne Munday   | MECOPP   |

Ray Flint welcomed everyone to the meeting.

### **Who is here today?**

Everyone introduced themselves and said who they were representing at the meeting.

### **Who else should be here?**

Chris said he would ask the General Manager from the East Lothian Community Health Partnership and the General Manager from the Edinburgh Lothian Community Health Partnership whether they were going to join the meeting in future.

We agreed that council officers working in children's services should be invited to the next meeting.

**Action: Chris**

### **What is the Learning Disability Strategy all about?**

Denis talked through the reasons we are doing the review and how it would be done. Denis said that small groups of people would need to do most of the work and bring reports to this Review Board. All of the people affected need to be involved properly in the sub-groups as well as the Review Board itself.

- people with Learning Disability
- people with Autistic Spectrum Disorder
- their carers
- staff, and
- agencies providing services

Denis said that this first meeting was partly about how we communicate well with each other.

### **How can we involve service users in this review?**

Anne Edmonstone and Michael Whyte gave a presentation. They had provided printed copies of the slides they used. Jimmy McIntosh added some ideas from service users –

- papers should be sent to everyone a week in advance to allow groups to think about them together.
- everyone should get the same information so that we can work together as a team.

Colin asked for any information about the different kinds of service that people need and what they cost. Sean said that only some of this information is currently available. However, he could try to do a report that shows the numbers of people against amounts of money spent. Denis and others will help with this: some work has already started on this.

Linda asked whether the Lothian review could cover Day Services. Ray said we have a lot to do in a short time. Paul and Fiona said day services should be included in the review.

Jan and Ian said that they are already doing, or nearly finishing, reviews of local day services and these could be linked into the Lothian review but could not be put to one side or started again.

Denis and Ray said that the review is not meant to look at all day services from scratch but should make sure that:

- services fit together around people's individual lives
- we look at any areas of work that are not going well or could be improved.

Support will be required from People First staff.

Fiona made a few extra points –

- Mobile phones should be switched off.
- Green and red cards should be used.
- Supporters should only speak if users ask their advice .

Senga said -

- meetings should not start before 11.00am because public transport from across Lothian takes time to get to meetings.
- 15 minute coffee breaks should be built into meetings
- new information requires breaks in meetings for consideration.

We talked about where we should meet in future.

- Most members thought somewhere in the centre of Edinburgh would be best but some people living far out of town might find this difficult.
- We may need to use microphones so that everyone can hear what is being said.
- The sub-groups should meet in places where service users go anyway.

## **Financial Information**

Sean provided a chart and two pie charts showing how much money the NHS and the four councils spend on learning disability services in Lothian. He said he was keen to make sure the figures are right. He asked people to tell him if they thought the figures are right or wrong.

Questions were asked about childrens services and Lothian people who were getting services in other parts of Scotland or the UK.

Murray said we have to make sure money is associated with individuals, not tied up in services in fixed buildings.

Moira said that costs of services for people with Aspergers Syndrome should be extra to the Learning Disability funding shown in the charts. More information will be provided at later meetings.

## **The Plan**

Denis led a discussion on what important pieces of work need to be done by sub-groups now. We came up with a list of things we want to talk about during the Review. We also agreed to set up seven working groups to look at some of the things we thought were most important. The lists are at the back of these minutes.

Polly suggested that we should write some notes that would help to guide the sub-groups. Denis agreed to do this.

Denis will tell us how the sub groups are getting on at the December meeting.

Chris said that Martin Higgins will be invited to the December meeting to help us to make sure we carry out this review process legally and take account of the range of population groups.

We decided to have the next meeting at the Royal Infirmary of Edinburgh but there are no rooms available there so the next meeting will be held on Thursday, 8<sup>th</sup> December from 1.00pm until 3.00pm at Davidson's Mains Parish Church Hall, Edinburgh.

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November 3<sup>rd</sup> 2005

**Possible Topics for Working Groups**

1. Services, Needs and Gaps - Map
  - Finance
  - Get service users, carers and staff views of what is good and bad about existing services
2. Communication Advisory Group
3. Individualising services - Person Centred Planning. Keeping everyone involved.
4. Gathering and sharing information about best practice in Scotland and in other parts of the world (including examples of shared budgets and joint commissioning)
5. Make sure equality issues are dealt with in all of the work of the Strategy Review.
6. ASD and Aspergers syndrome.
7. Special Needs Groups ( including people involved with the criminal justice system, people with challenging behaviour, people with complex needs, and people with additional health needs)
8. Transitions (including assessment of need, people in out of area placements and plans for their return)
9. Health Needs

10. Direct payments, Personalisation (including choice of where to live), individual budgeting.

11. Mental Health (including children's mental health)

12. Protection of Vulnerable Adults.

13. Older people with learning disabilities – the ageing population.

14. Needs of other carers and family members (including siblings)

15. Advocacy.

16. Guiding principles (including a life long perspective)

17. Build on the information that we already have – bring together what we've got.

18. Work on getting the views of those who are hard to reach.

19. Get staff views as well.

20. Workforce planning/human resources issues.

21. Who pays for what?

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**Initial Working Groups**

**Group 1**

Map of Services, Needs and Gaps

Views of service users, carers and staff of what is good and bad about existing services

Pull together available information from consultations, planning exercises and other attempts to gain the views of service users and carers.

Finance

Who pays for what?

**Group 2**

Communication

**Group 3**

Individualisation

Personalisation

Person Centred Planning

**Group 4**

Information gathering on best practice – nationally and internationally

**Group 5**

Autistic Spectrum Disorder and Aspergers Syndrome

**Group 6**

Special needs groups

Health needs

**Group 7**

Transitions